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(https://recipes.saladmaster.com)

The Saladmaster Fruit Salad



Preparation:

1. Using Cone #1 on Saladmaster® machine, grate zest of 1 medium lemon and 1 medium orange.
2. Chop 1/2 cup pecans using Cone #1.
3. Process 3 large cored apples using Cone #3 and 4 medium bananas using Cone #5.
4. Remove membrane from lemon and orange. Separate into sections.
5. In large bowl, gently toss fruit with grated orange and lemon zests.
6. Blend in one 8-ounce can (227 g) crushed pineapple with juice. Serve chilled.

Makes 4 - 6 servings.

Valoración: